

WELCOME TO OUR Monthly Newsletter

Hello 2026 – A Bright Start at YAY Today

This January newsletter marks the start of a new year filled with joy, reflection and connection. Inside, we're sharing highlights from our **Christmas celebrations, creative sessions, cooking and barista workshops**, along with what's happening as we welcome 2026.

A Message to Our YAY Today Community

As we welcome a new year, I want to take a moment to sincerely thank you for being part of the YAY Today community throughout 2025.

This past year has been one of growth, learning, and meaningful connection. Every day, we are reminded that what we do matters because of the trust you place in us to support you, your goals, and your independence. It is a responsibility we never take lightly.

At YAY Today, our purpose has always been clear: to ensure people feel heard, supported, and empowered to live life on their own terms. In 2025, we strengthened our services, expanded our capabilities, and continued to focus on quality, consistency, and genuine care – and we could not have done this without you walking alongside us.

Looking ahead to 2026, we are excited about what's to come. We are committed to building on strong foundations, improving how we support you, and continuing to raise the standard of what inclusive, person-centred support should look like.

On behalf of our entire team, thank you for your trust, your partnership, and for choosing YAY Today. We look forward to another year of working together and achieving great outcomes.

Wishing you and your loved ones a safe, positive, and fulfilling New Year.

Warm regards,
Pri

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Meet Emma – Behind the Scenes

Service Delivery Manager | A few questions, honest answers and a little insight into Emma's role.

What do you enjoy most about being a Service Delivery Manager?

I love helping people and making sure they feel supported. Matching clients with the right support worker is one of my favourite parts of the job – it's so rewarding when a great fit leads to confidence, comfort and positive outcomes. I also enjoy the variety my role brings each day and hearing the wonderful feedback from clients and families.



What's something about you that most people at YAY Today don't know?

When I was 18, I served in the army for two years as a detective in the Military Police. It's a part of my life not many people know about, but it definitely taught me a lot and gave me some great stories to tell.

What's one moment recently that made you proud of our team or our clients?

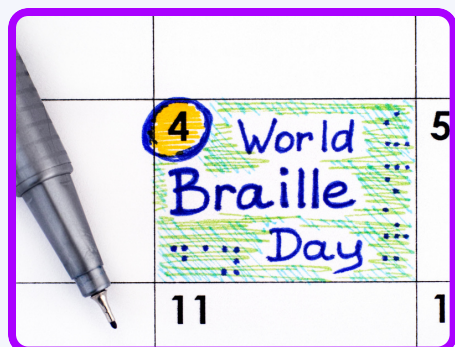
Our Christmas Party was very special for me. Seeing all our clients celebrating together, supported by the amazing workers, was a beautiful reminder of why I love this role. I felt so proud, grateful and inspired knowing the work we do helps create moments like that.

What's something that always makes your workday brighter?

Even though I work remotely, getting a happy message, photo or update from a client or support worker always makes my day. It's such a nice reminder of the difference we're making together.

What's one personal goal you've set for yourself in 2026?

This year, I want to slow down a little and enjoy the small things more. I'm always busy, so my goal is to create more balance – a bit more fresh air, more family time and maybe even a new hobby.



World Braille Day - 4 Januar

World Braille Day reminds us how important accessible communication is for people who are blind or have low vision. It's a chance to celebrate independence, inclusion and the tools that help everyone stay connected.

January Focus – Wellbeing & Routine

The start of the year is a great time to reset, build healthy routines and set small, achievable goals. Whether it's joining an activity, trying a new hobby or creating a weekly plan, our team is here to support you in finding what works best for you.



Australia Day - 26 January

Australia Day is a time when many people come together to reflect, connect and celebrate our community. It's also a day to recognise our shared history and appreciate the diverse cultures that make Australia unique. We wish everyone a safe and enjoyable day, whatever it means to you.

We'd Love to Hear From You!

Do you have an idea for an activity, outing or workshop?

Your feedback helps us shape the programs you enjoy most.

**Share your ideas with us
anytime – we're here to
listen!**

Christmas Party Highlights

Our Christmas Party was a joyful day filled with smiles, music and great company. It was wonderful to see everyone come together to celebrate, connect and enjoy the festive spirit. Such a special way to end the year with our YAY Today community.



Barista Class – Christmas Flavours Edition

Our barista session was full of festive aromas this week! Participants rolled up their sleeves to make Soft Coffee Biscuits and a delicious Christmas Ginger Latte. There were plenty of smiles, taste-testing moments and lots of proud creations. A perfect mix of learning, fun and holiday spirit!



Cooking Class – Festive Veggie Creations

Our participants cooked up a colourful feast this week, making delicious vegetarian lasagna and veggie fritters for Chanukah. The kitchen was filled with amazing smells, teamwork and plenty of excitement. Everyone did a fantastic job creating dishes that were both tasty and full of holiday spirit!



New Year Holiday Program – Book Your Spot!

Our 2026 New Year Holiday Program has officially arrived, and we're excited to bring you three weeks full of fun, creativity and summer adventures. From cooking and art to beach days, karaoke, workshops and special outings, there's something for everyone to enjoy.

It's the perfect way to start the year with new experiences, new skills and plenty of great memories.

If you'd like to book in, please contact our roster phone 0466 986 540 – we'd love to help!



Registered
NDIS
Provider

NEW YEAR HOLIDAY PROGRAM

JANUARY 5TH - 24TH 2026


LEARN


PLAY


CREATE


ENGAGE

WEEK 1

Monday 05/01
Disco and Pizza Day: 10am - 3pm

Tuesday 06/01
Sports Day: 10am - 3pm

Wednesday 07/01
Science Gallery Melbourne: 10am - 3pm

Thursday 08/01
Melbourne Museum: 10am - 3pm

Friday 09/01
Melbourne Cable Park: 10am - 3pm

Saturday 10/01
Day at Oliver's Hill Lookout and Frankston Beach: 10am - 3pm

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Our Support Workers can provide transport!



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WEEK 2

Monday 12/01
Karaoke & Pizza: 10am - 4pm
Portrait Drawing & Games: 1pm - 4pm

Tuesday 13/01
Cooking Class: 10am - 1:30pm
Art Class: 1:30pm - 4:30pm

Wednesday 14/01
Myuna Farm: 10am - 3pm
Barista Class: 10am - 1:30pm
Cooking Class: 1:30pm - 4:30pm

Thursday 15/01
Cooking Class: 10am - 1pm
Creative Workshop: 10am - 1pm
Wellness Program: 1pm - 4pm

Friday 16/01
Psychosocial Skills Program: 11am - 2pm
YAY to Friday: 2pm - 6pm

Saturday 17/01
McClelland Sculpture Park and Gallery: 10am - 3pm

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WEEK 3

Monday 19/01
Carnegie Memorial Swimming Pool: 1pm - 4pm

Tuesday 20/01
Cooking Class: 10am - 1:30pm
Art Class: 1:30pm - 4:30pm

Wednesday 21/01
Moonlit Sanctuary: 10am - 3pm
Barista Class: 10am - 1:30pm
Cooking Class: 1:30pm - 4:30pm

Thursday 22/01
Cooking Class: 10am - 1pm
Creative Workshop: 10am - 1pm
Wellness Program: 1pm - 4pm

Friday 23/01
Psychosocial Skills Program: 11am - 2pm
YAY to Friday: 2pm - 6pm

Saturday 24/01
Day at Half Moon Bay: 10am - 3pm

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Holiday Support Availability

Our **roster phone** will be monitored throughout the holiday season. If you **need a support worker** or any extra assistance during this time, please reach out to us. We're here for you and always happy to help ensure you have the support you need.