

WELCOME TO OUR MONTHLY NEWSLETTER

Marching Forward Together

The beginning of 2026 has been a vibrant and inspiring time at YAY Today, filled with creativity, connection and plenty of shared achievements. As our programs continue to grow, it's been wonderful to see participants building confidence, strengthening friendships and embracing new experiences together.

In this newsletter, you'll find highlights from our recent activities, special celebrations within our community, team updates and snapshots that capture the spirit of our sessions. We hope these stories and photos reflect the warmth, positivity and sense of belonging that make YAY Today so special.



Employee of the Month – Daiana

This month, we're proud to celebrate Daiana for the incredible care she brings to our clients. Daiana consistently shows dedication, compassion and professionalism in everything she does. She builds meaningful relationships and always takes the time to ensure each client feels supported and valued.



Thank you, Daiana, for your hard work and for being such a valued part of the YAY Today team.

Under 18s travel free on all public transport

Public transport is now free for anyone aged 17 and under in Victoria!

You'll still need to tap on and off using a Youth myki card, but there are no travel charges.

The Youth myki card costs \$5 to purchase (this covers the card only), with no additional ongoing fees.



Labour day trip 9 March 2026 9:30am to 3:30pm

This Labour Day, join us at ArtVo Docklands for a vibrant, immersive adventure where art comes to life around you in this incredible 3D illusion gallery!

In the afternoon, we'll explore The District Docklands, stroll along the Waterfront Art Walk and visit the Library at the Dock.

Places are limited, so don't miss out — book today! To secure your spot, call or email Einat: 0466 986 540 or support@yaytoday.com.au

Support workers will be present to assist throughout the day. The venue is fully wheelchair accessible.





**8 March
International
Women's Day**

We recognise and honour the accomplishments of women everywhere, including women living with disability. This year's theme is Give to Gain.



**16–20 March
Neurodiversity
Celebration Week**

This global initiative challenges stereotypes and misconceptions around neurological differences and encourages schools and organisations to celebrate the unique strengths and talents of neurodivergent individuals.



**16-22 March
Harmony
Week**

Harmony Week is a time to honour the rich cultural diversity that shapes our communities and unites people across Australia. It celebrates inclusivity and mutual respect.



**20 March
International Day
of Happiness**

This year's theme explores the relationship between social media and happiness, highlighting the potential challenges for our wellbeing as well as ways we can all use tech for good.

Well-being tip: connection makes a difference

Spending time with others and feeling part of a group can have a big impact on wellbeing. Whether it's sharing an activity or just having a laugh, those moments of connection really matter.

That's why at YAY Today, our programs focus on creating supportive, easy-going environments where participants can connect in ways that feel comfortable and genuine.



Help Others Find the Right Support

Has YAY Today made a positive difference in your journey? Sharing your experience on Clickability or Google is one of the most powerful ways to support our community.

Your review not only means a lot to our team, it also helps other participants and families discover trusted, high-quality support when they need it most. A few thoughtful words from you can make someone else's search a whole lot easier.

Thank you for being part of the YAY Today community and for helping us grow our impact!



March Saturday Programs

Saturday 7 March – Day at Yarra Bend Park

Join us for a relaxing day outdoors, with fresh air, scenic walks and time to connect and unwind together.

Saturday 14 March – Day at the Holi Festival

Experience a vibrant celebration, filled with colour, music, dancing and a joyful community atmosphere.

Saturday 21 March – Day at the Craigieburn Festival

Come along for a fun-filled day, featuring live entertainment, local stalls and many activities.

Saturday 28 March – Indonesian Street Food Festival

Enjoy a delicious experience, with amazing flavours, live performances and a festive atmosphere.

Day Program March 2026						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	Cooking Class 10am-130pm Art Class 130pm-430pm	Barista Class 10am-130pm Cooking Class 130pm-430pm	Creative Workshop 10am-1pm Cooking Class 10am-1pm Wellness Class 1pm-4pm	Psychosocial Skills 11am-2pm Yay to Friday 2pm-6pm	Day at Yarra Bend Park (Kew) 11am-2pm	
2	3	4	5	6	7	
	Cooking Class 10am-130pm Art Class 130pm-430pm	Barista Class 10am-130pm Cooking Class 130pm-430pm	Creative Workshop 10am-1pm Cooking Class 10am-1pm Wellness Class 1pm-4pm	Psychosocial Skills 11am-2pm Yay to Friday 2pm-6pm	Day at The Holi Festival 11.30am-3pm	
9	10	11	12	13	14	
	Cooking Class 10am-130pm Art Class 130pm-430pm	Barista Class 10am-130pm Cooking Class 130pm-430pm	Creative Workshop 10am-1pm Cooking Class 10am-1pm Wellness Class 1pm-4pm	Psychosocial Skills 11am-2pm Yay to Friday 2pm-6pm	Day at the Craigieburn Festival 12pm-3pm	
16	17	18	19	20	21	
	Cooking Class 10am-130pm Art Class 130pm-430pm	Barista Class 10am-130pm Cooking Class 130pm-430pm	Creative Workshop 10am-1pm Cooking Class 10am-1pm Wellness Class 1pm-4pm	Psychosocial Skills 11am-2pm Yay to Friday 2pm-6pm	Indonesian Street Food Festival 10am-3pm	
23	24	25	26	27	28	
	Cooking Class 10am-130pm Art Class 130pm-430pm					
30	31					

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Share Your Story With Us!

Our community is full of inspiring moments, and we'd love to highlight yours. If you have a story, achievement or special experience to share, let us know!