

# WELCOME TO OUR Monthly Newsletter

#### A Festive Month at YAY Today

This month, we're sharing a mix of festive fun and recent moments from our community. Inside, you'll find photos from our Melbourne Cup Day celebration, along with creative Christmas decorations made by our participants.

You'll also get a look at our upcoming New Year Holiday Program for January 2026, plus a snapshot from our Barista Class where everyone made Matcha lattes and berry jam. And of course, we're celebrating our Employee of the Month, Susan.

Wishing all our clients and their families a warm and joyful **Christmas and a happy** holiday season!



#### **Employee of the Month - Susan**

This month, we're proud to celebrate Susan as our **Employee of the Month**. Susan shows incredible dedication in everything she does. She works hard, stays organised and is always ready to step in and help whenever someone needs support.

Her clients adore her for her kindness, patience and the calm, positive energy she brings to every shift.

**Thank you, Susan,** for all your amazing work and for being such a valued part of the YAY Today team. You truly make a difference every day.







#### Spotlight Story – Elena & Danyella

We're shining a light on another wonderful duo — **Danyella and Elena!** 

Together, they bring so much joy to their support time, sharing laughs, great conversations and plenty of special moments. Their connection is truly beautiful to see.



#### Elena:

## What's the best thing about working with Danyella?

She is always excited to go for fun adventures. She has a kind and loving nature.

## Can you share a fun or memorable moment you've had together?

When she told me that after my yoga and wellness classes she feels at peace, especially after doing meditation and listening to sound bowls.

#### Danyella:

What do you like most about spending time with Elena? She is always positive, we always have a good time together.

## What's the funniest or happiest moment you've shared together?

When we went to the beach and we played in the water for a long time and did yoga.

What are you most proud of achieving with Elena's help? Being engaged and developing my independence.

We love seeing the caring connections that grow through support — every smile makes our YAY Today family stronger.







## International Day of People with Disability – 3 December

This month we celebrate International **Day of People with Disability.** 

It's a special day to recognise the strengths, talents and contributions of people with disability in our community. At YAY Today, we are proud to support you to live the life you choose, stay connected, and do the things that matter to you.

Our team will be sharing stories, photos and updates across the month. If you would like to share your story, a goal you achieved, or a photo of something you are proud of, please let us know – we would love to include you.

#### **Holiday Support Availability**

Our **roster phone** will be monitored throughout the holiday season. If you **need a support worker** or any extra assistance during this time, please reach out to us. We're here for you and always happy to help ensure you have the support you need.



#### Human Rights Day – 10 December

On 10 December, the world recognises Human Rights Day.

Human rights are about being treated with dignity, respect and fairness. This includes the right to make choices about your own life, be safe, and take part in your community.

Our team is committed to supporting your rights every day – by listening to you, respecting your choices and helping you speak up if something doesn't feel right.







#### **Highlights from Our Art Class**

Our participants have been busy crafting some bright, bold and brilliant creations over the past few months! From colourful artwork to clever handmade pieces, their creativity has really shone through.

These sessions have been full of laughs, new ideas and plenty of imagination. We're excited to share some of their wonderful work with you in this newsletter.

We hope these photos bring a smile to your day and inspire a little creativity of your own!













### Loving the creative moments in this newsletter? What would you like to create in 2026?

Enrolments for our art classes are now open, and we'd love to hear your ideas for fun projects and themes for the year ahead!





#### **Melbourne Cup Day Moments**

We had a wonderful time celebrating Melbourne Cup Day together! From bright outfits to big smiles, it was a fun day filled with laughter, games and great company.

Our group really came together, cheering each other on and enjoying the friendly competition.

It was great to see everyone relaxed, connected and having such a good time as a community.







### Barista Creations – Matcha & Berry Magic



participants hands-on in this week's Barista Class, learning how to make a perfect Matcha latte and their very own berry jam! The filled with room was delicious aromas, bia smiles and plenty taste-testing. Everyone an amazing job baristas in true the making!







### You're Invited! YAY Today Christmas Party

#### Dear YAY Family,

It's that wonderful time of year again — and we can't wait to celebrate with YOU! ♥

You're invited to the YAY Today Christmas Party -a fun and relaxed afternoon filled with delicious food, music, games, and plenty of Christmas cheer!

We might even get a surprise visit from Santa himself... who knows?

This is our chance to come together, share laughs, and celebrate an amazing year with our wonderful community.

All the details are in the invitation below - we'd love to see you there!



Join us for a joyful afternoon filled with laughter, good food, and Christmas cheer!

December | 6 | 1pm-4pm

Mckinnon Public Hall
118 McKinnon Rd. McKinnon VIC 3204







# Wishing You a Merry Christmas & Happy Holidays

From all of us at YAY Today, we wish you and your family a warm and joyful Christmas. May your holidays be filled with connection, laughter and special moments with the people you care about.

Thank you for being part of our community this year. We look forward to supporting you, celebrating with you and creating more wonderful memories together in the new year.

Wishing you a safe, happy and relaxing holiday season.



# New Year Holiday Program – Get Ready for the Fun!

Our 2026 New Year Holiday Program is just around the corner, and we've planned three weeks packed with colour, creativity and adventure! From disco and pizza days, sports, science outings and museum visits, to beach trips, art classes, cooking, karaoke and even a day at Moonlit Sanctuary — there's something for everyone.

Whether you love exploring, learning new skills, getting active or simply enjoying time with friends, this holiday program is all about fun, connection and trying new things.

We can't wait to kick off the new year with you and make these January days unforgettable!

