



WELCOME TO OUR Monthly Newsletter

November – Celebrating Kindness, Confidence & Community

As the year winds down, November is a time to celebrate connection, creativity, and care within our YAY Today community.

This month, we've shared joyful moments – from our colourful **Halloween Party** to the inspiring **Girls Day**, creative Art and Barista Classes, and awareness through **November, International Men's Day**, and **National Recycling Week**.

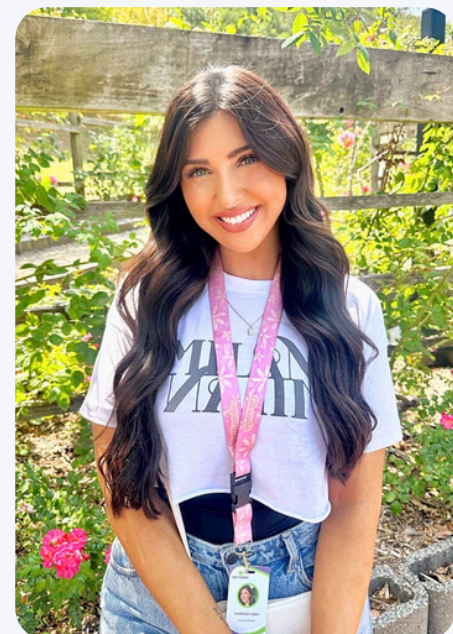
Every smile, activity, and act of kindness makes our community stronger. Let's make November a month full of gratitude and connection.



Employee of the Month - Kimberley

Congratulations to Kim, our Employee of the Month!

Kim's creativity and care shine through in everything she does. This month, she went above and beyond by organising our Girls Day – a wonderful celebration of self-love, confidence, and connection. Her positivity, attention to detail, and teamwork make every event special. We're so grateful for all the joy and dedication she brings to the YAY Today family.



Spotlight Story – Raelene & Alon

We're shining a light on one of our amazing duos – **Raelene and Alon!** Together they share fun, laughter, and plenty of special moments during their support time at home.

Raelene:

What do you enjoy most about spending time with Alon?

Learning some of his words from his language – Russian!

What's your favourite thing to do together at home?

Telling him what to do! 😊

What makes you feel happy or proud?

When I make other people or even strangers laugh.

Alon:

What do you enjoy most about supporting Raelene?

It's never boring! Every day with Raelene is different and full of surprises.

Can you share a memorable or rewarding moment you've shared together?

When we went to Dandenong, and I managed to bargain \$30 off a dress Raelene really wanted!



We love seeing the caring connections that grow through support — every smile makes our YAY Today family stronger.



National Recycling Week – 10 to 16 November

This month we're celebrating **National Recycling Week**, a wonderful reminder that even small actions can make a big difference for our planet.

It's the perfect time to think about how we can reduce, reuse, repurpose, and recycle – whether it's sorting cans and bottles, creating art from recycled materials, or simply being more mindful about waste. Every little effort counts!

David's Recycling Project continues to inspire our community – he collects cans and bottles each week, with the funds supporting both charity and our end-of-year celebration.

Would you like to get involved?

If you'd like to join David's project or share your own recycling ideas, please let us know! Together, we can make our world a little greener, one small step at a time.



November & International Men's Day

This November, we're proud to support **November**, a global movement raising awareness and funds for **men's health** – including mental health, suicide prevention, prostate cancer, and testicular cancer.

It's all about starting conversations and taking action to help men live happier, healthier, and longer lives. Whether you grow a mo, move for men's health, or simply spread the word, every effort counts.

Let's come together to support the men in our lives – because talking about health saves lives.



Highlights from Our Girls Day Program

Our Girls Day was all about celebrating self-love, friendship, and feeling good inside and out! 🌸

The day was filled with laughter, creativity, and connection – from skincare and makeup tips to a relaxing pamper session, crafts, and some delicious treats. Each participant received a personalised goodie bag and shared beautiful moments together, reminding us that self-care isn't just about looking good – it's about feeling confident and valued.

A big thank-you to Kim for organising this special day with so much heart and detail. The space looked amazing, the activities were thoughtful, and everyone left smiling and glowing with confidence! 🎉🌟



Would you love to see more days like this?

Let us know if you'd like to make Girls Day a regular event – we'd love to hear your ideas and bring more pampering and positivity to our YAY Today community!

Barista Class – Brewing Fun & Sweet Moments

In our Barista Class, participants made delicious affogatos – coffee poured over creamy ice cream!

It was a fun and hands-on session filled with smiles, learning, and a sweet treat to enjoy together.

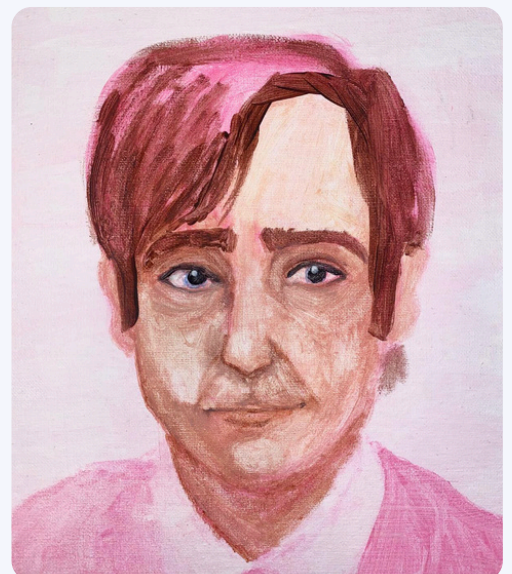
If you'd like to join in, our Barista Class runs every **Wednesday from 10:00 am to 1:30 pm** – come along, learn new skills, and share a coffee with friends!



Art Class Creativity – Ollie's Portrait Painting

This stunning portrait was created by Ollie, one of our talented participants, during our Art Class.

Ollie showed incredible attention to detail and expression, capturing both skill and emotion in this piece. We're so proud to see our participants growing in confidence and creativity each week.



Highlights from Our Halloween Party – Spooky Fun & Smiles All Around!

Our Halloween Party was full of laughter, creativity, and plenty of spooky fun!

Everyone came dressed in amazing costumes – from witches and vampires to superheroes and pumpkins – and enjoyed games, music, and sweet treats together.

It was wonderful to see so many smiles, dance moves, and shared moments of joy. A big thank-you to everyone who joined in and helped make the night such a success.



November Saturday Programs

Saturday 1 November – Halloween Party

Join us for spooky games, music, and treats as we celebrate Halloween together!

Saturday 8 November – GESAC Swim & Gym Day

Dive into a day of swimming, fitness, and fun at GESAC. Don't forget your towel!

Saturday 15 November – Art Exhibition Visit

Explore Carolyn Roberts: The Heart of It – a stunning art exhibition celebrating creativity and connection.

Saturday 22 November – Ripponlea Estate & Gardens

Step back in time and explore the beautiful Ripponlea Mansion and Gardens.

Saturday 29 November – Royal Botanic Gardens Visit

Enjoy a relaxing day surrounded by nature – and if the weather changes, we'll enjoy a movie instead!



 **YAY TODAY**
Supporting you every step of the way

Melbourne Cup Day Fun!
Fun games, good food, and great company!

Tuesday 04/11
11am- 3pm

Join us for a fun-filled Melbourne Cup Day with games, prizes, and delicious food! Enjoy good company and plenty of laughs as we celebrate together. Everyone's welcome, come relax, socialise, and enjoy the day with us!



To RSVP, contact Einat
0466 986 540

