

WELCOME TO OUR Monthly Newsletter

Yay Today Update



We are excited to bring you the latest updates and opportunities in this month's edition. Our community is growing, and we are pleased to introduce a new program, **Yay to Fridays!** This initiative focuses on social activities and having a great time together.

Join us every Friday from 3pm to 6pm for a wide range of social activities. Whether it's movies, bowling, play zones, or gym sessions, there's something to suit everyone's interests. These sessions are perfect for both group gatherings and individual support, offering a fun and engaging way to end your week.

Our Saturday programs continue to provide enriching workshops and activities, helping you explore new hobbies and connect with like-minded individuals.

As always, our team is here to support you. If you need anything, please reach out. Stay connected with us and take full advantage of these fantastic opportunities.

Employee Of The Month

THIS IS COURTNEY, OUR SUPPORT WORKER !

We are thrilled to announce Courtney as our Employee of the Month! Courtney's commitment to her clients is truly exceptional, and she has received amazing feedback for her dedication and hard work. Her unwavering support and positive impact on those she assists make her a standout member of our team. Congratulations, Courtney!





Highlights from Our Creative Workshops

DISCOVER THE JOY OF SENSORY FIDGET CREATIONS

Our recent creative workshops have been a huge hit, especially with the introduction of sensory fidget making. Students have been highly engaged and thoroughly enjoying the hands-on experience. These workshops provide an excellent opportunity for participants to express their creativity while crafting personalised sensory fidgets. The process not only helps improve fine motor skills but also offers a calming activity that can be used for stress relief and focus. The positive feedback from students highlights the success of these sessions, making them a valuable addition to our program. We look forward to seeing more innovative creations in the future!



Paralympics

LIVE SITE AT FED SQUARE

Experience the excitement of the Paralympics at our LIVE Site at Fed Square! From 28 August to 8 September 2024, join us daily from 12pm to 10pm to watch live broadcasts of the games, cheer on your favourite athletes, and celebrate their incredible achievements.



Yay To Saturday

FUN ACTIVITIES EVERY WEEK

After a successful launch, we are excited to continue our Saturday programs! Join us every Saturday from 1pm to 4pm for new and engaging activities. Each week brings something different and fun, so don't miss out!



Yay To Friday!

FUN SOCIAL ACTIVITIES

Every Friday from 3pm to 6pm, join us for a variety of social activities. Activities range from movies, bowling, and play zones to gym sessions, group gatherings, or individual support if preferred. Enjoy a fun and engaging end to your week with these exciting activities and more! Some activities might include out-of-pocket expenses.



Sustainable Cooking

NEW COMPOSTING INITIATIVE

We are thrilled to announce a new initiative at our cooking classes, inspired by a suggestion from one of our participants. We are now implementing composting for food scraps, thanks to our new compost caddy bin. This change not only supports our commitment to sustainability but also allows us to reduce waste and contribute to a greener environment.

Day Program Monthly Planner

Month: August

Year: 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			 Creative Workshop 10am-1pm  Employment Program 1pm-4pm	 Psychosocial Skills- 12pm-3pm  Yay to Friday 3pm-6pm	 Yay to Saturday Videogame Championship 1pm-4pm
			1	2	3
	 Cooking Class- 10am-1:30pm  Art Class- 1:30pm-4:30pm	 Barista Class- 10am-1:30pm  Cooking Class- 1:30pm-4:30pm	 Creative Workshop 10am-1pm  Employment Program 1pm-4pm	 Psychosocial Skills- 12pm-3pm  Yay to Friday 3pm-6pm	 Yay to Saturday Boardgames & Bowling 1pm-4pm
5	6	7	8	9	10
 Cooking Class- 10am-1:30pm  Art Class- 1:30pm-4:30pm		 Barista Class- 10am-1:30pm  Cooking Class- 1:30pm-4:30pm	 Creative Workshop 10am-1pm  Employment Program 1pm-4pm	 Psychosocial Skills- 12pm-3pm  Yay to Friday 3pm-6pm	 Yay to Saturday Meal prep & Socialisation 1pm-4pm
12	13	14	15	16	17
	 Cooking Class- 10am-1:30pm  Art Class- 1:30pm-4:30pm	 Barista Class- 10am-1:30pm  Cooking Class- 1:30pm-4:30pm	 Creative Workshop 10am-1pm  Employment Program 1pm-4pm	 Psychosocial Skills- 12pm-3pm  Yay to Friday 3pm-6pm	 Yay to Saturday Movie Day 1pm-4pm
19	20	21	22	23	24
 Cooking Class- 10am-1:30pm  Art Class- 1:30pm-4:30pm		 Barista Class- 10am-1:30pm  Cooking Class- 1:30pm-4:30pm	 Creative Workshop 10am-1pm  Employment Program 1pm-4pm	 Psychosocial Skills- 12pm-3pm  Yay to Friday 3pm-6pm	 Yay to Saturday Bingo & Craft 1pm-4pm
26	27	28	29	30	31