

APRIL
2025



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supporting you every step of the way

WELCOME TO OUR Monthly Newsletter

March at Yay Today – What's New?

As we step into a new month, we're excited to share the latest updates, highlights, and upcoming events happening at **Yay Today**. April is all about connection, reflection, and fun – with special programs for **Easter and ANZAC Day**, exciting community outings, and new ways to get involved. In this edition, you'll meet our Director in our brand new **Staff Q&A** section, catch a glimpse of our Yay to Friday adventures, and discover opportunities to join in on upcoming activities.

We invite everyone to get involved, stay connected, and enjoy everything April has to offer.

Happy reading – and here's to another great month together!



Meet Adrian – Our Clinical Lead

Adrian leads our **Support Coordination and Recovery Coaching team**. With degrees in psychology, law and economics, he brings both knowledge and real-world experience to his work.

He's worked in a range of roles – including as a psychologist, author, and even a sports umpire! Adrian has supported many individuals and families living with disability, including in his own family.

Clients and carers value Adrian's down-to-earth advice and his ability to make the NDIS feel simple and accessible.



New Section Alert! Member Q&A – This Month: Our Director

Each month, we're featuring someone from our community – a participant, staff member, or someone connected to YAY: to help others get to know the real people who make our YAY community so special. This month we are starting with someone very close to home – our **thoughtful Director, Priscilla!**



1. What do you love most about your role?

Being able to show up for people when they need. Life can be tough at times, and if I can help by making YAY Today being a soft landing when someone is struggling, or a place where they feel safe and respected, that means everything to me.

2. What's one thing people might not know about you?

When I was 15yo I was in a coma for a few days and the chances of waking up weren't looking great. But -spoiler alert- I did wake up - as you can probably tell 😊 and it completely changed my perspective on life. That day, I intuitively made a promise to live life to the fullest and spread love and kindness wherever I can.

3. How do you like to relax after a busy week?

Spending quality time with family, especially with my son... I also like to take it slow on weekend mornings, making tasty breakfasts, then the usual laundry, house cleaning, driving the little one to soccer and basketball games, stuff like that 😊 it helps me feel grounded and organised.

4. Favourite quote or motto you live by?

"Be kind. Everyone is fighting a battle you can't see" I wish more people would live by this mantra.

5. If you could have any superpower, what would it be?

Does it has to be 1? I'd love to teleport, being able to show up for someone instantly, no traffic, no distance.. I'd also love to eat chocolates and digest it as if it was broccoli, how great would that be? And to remove mean actions from mean people. The world doesn't need that stuff.

We'd love to share your story.

If you're open to being part of the New Section, simply email us at support@yaytoday.com.au, and we'll be in touch with the next steps!



Easter Holiday Wishes & Program

Wishing all our clients, carers, and staff a safe and **happy Easter!** Whether you're spending time with family, enjoying a quiet moment, or tucking into a chocolate egg or two – we hope this holiday brings you joy and rest.

We're excited to offer a fun and inclusive **Easter Holiday Program** for clients who'd like to join in! Activities may include Easter crafts, baking, games, movie afternoons, and more. It's a great way to stay social and enjoy the season together.

*Places are limited, so please **contact us** to book your spot.



ANZAC Day – 25 April

ANZAC Day is a time to reflect, remember, and honour those who have served. We're offering a special **ANZAC Day Program** for clients who would like to take part in meaningful activities on the day.



Anzac Day Program

Join us for a meaningful and relaxing day out as we honour Anzac Day

Meet at the office: 9:30am

Shrine of Remembrance – 10:00am -11:00am

Explore war memorabilia, historical exhibits, and moving stories.

Picnic & Gardens: 11:00am -1:00pm

Enjoy a peaceful walk through the surrounding gardens and find a lovely spot to enjoy your lunch.

Please bring your own lunch and water bottle.

Anzac biscuits will be provided.

Strike Bowling: 1:30pm - 3:30pm

Approx. \$10 per person

Come along for a thoughtful day of connection, history, and community



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Highlights from Our Art Class

Our art class took a colourful turn as we stepped outside and found inspiration in nature!

It was a beautiful day in the park, filled with creativity, laughter, and connection.

We enjoyed experimenting with paints and pencils while soaking up the sunshine and fresh air.

We love seeing everyone's unique creations come to life!



Highlights From Yay To Friday

Our Yay to Friday group has been getting out and about, making the most of the sunshine with sports in the park and some friendly competition at the bowling alley! From kicking goals to rolling strikes, everyone brought great energy and plenty of smiles.

It's been fantastic to see the group staying active, building confidence, and enjoying time together.

Check out these great snapshots from our recent outings!

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Easter Holiday Program

**LEARN**

**PLAY**

**COOK**

**ENGAGE**

EASTER THEMED HOLIDAY PROGRAM

APRIL 07 - APRIL 21

Support Workers are available to assist with transport.

Tuesday 08/04
Art Class: 10am-1:30pm
Cooking Class: 1:30pm-4:30pm

Wednesday 09/04
Creative Workshops: 10am-1:30pm
Baking Classes: 1:30pm-4:30pm

Thursday 10/04
Movie at Cinema: 10:00am-1pm

Friday 11/04
Jump Central Moorabbin & BBQ at the park: 10am-2pm

Saturday 12/04
Bowling at Strike: 1pm-4pm

☎ 0435 644 313
📍 437 North Road, Ormond
🌐 www.yaytoday.com.au



**LEARN**

**PLAY**

**COOK**

**ENGAGE**

EASTER THEMED HOLIDAY PROGRAM

Tuesday 15/04
Art Class : 10am-1:30pm
Baking Class: 1:30pm-4:30pm

Wednesday 16/04
Sky High Mount Dandenong: 10am- 4pm

Thursday: 17/04
Rock Climbing: 10:00am-1pm
Cooking Class: 1:30pm-4:30pm

Friday 18/04
Glen Eira Sports and Aquatic Centre
Outdoor Easter Egg Hunt + BBQ/picnic and sports: 10am-4pm

Saturday 19/04
Cooking and board games: 1pm-4pm

Monday 21/04:
*Day Trip - Enchanted Adventure Theme Park : 10am - 4pm
*out of pocket cost of \$15.

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Easter Holiday Fun! Day Trip to Sky High Mount Dandenong

Join us for a fun day out at Sky High Mount Dandenong! Explore the beautiful gardens, enjoy the fresh air, and make great memories with friends.

Wednesday 16/04
10am- 4pm

- Please bring your own lunch and water bottle.
- Please bring your Companion Card if you have one

To arrange a support worker-
contact Einat - 0466 986 540



Easter Monday Day Trip! Enchanted Adventure Theme Park

Join us for an exciting day at the Enchanted Adventure Theme Park! Explore mazes, slides, and gardens – it's the perfect mix of fun and adventure with friends.

Out-of-pocket fee of \$15 per participant

Monday 21/04
10am- 4pm

- Please bring your own lunch and water bottle.
- Please bring your Companion Card if you have one.

To arrange a support worker-
contact Einat - 0466 986 540

