

WELCOME TO OUR Monthly Newsletter

Happy New Year From Yat Today

We are excited to share all the latest from YAY Today as we welcome the new year! January is off to a fantastic start, and we have plenty of exciting activities planned to kick off 2025.

Our School Holiday Program runs from 7th–24th January, offering wildlife adventures, creative art workshops, cooking classes, and social activities for everyone to enjoy. Support workers are available to assist with transport and participation, making it easy for all to join in the fun.

This month, we are also highlighting Moebius Syndrome Awareness Day on 24th January, raising awareness and supporting our community.

Let's make January a month full of connection, creativity, and new beginnings. From all of us at YAY Today, happy New Year—here's to an inspiring and joyful 2025!



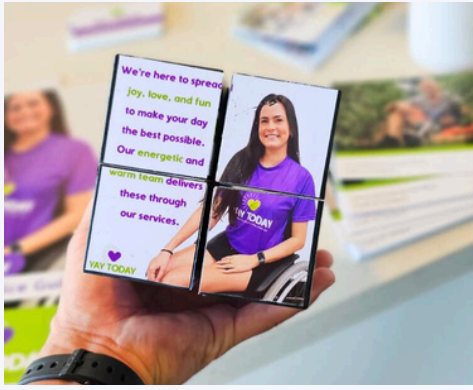
Meet Jessica our Support Coordinator

Jessica has been working in the disability sector since 2018, starting her journey as a Disability Support Worker before transitioning into Support Coordination. Her empathetic approach allows her to build strong, person-centred relationships with her clients.

Jessica is deeply committed to making a positive impact in the lives of those she works with, always seeking ways to provide meaningful assistance and guidance.

We're thrilled to have Jessica on our team, and we know her dedication and expertise will make a real difference for our clients. **Welcome, Jessica!**





Highlights from Our Creative Workshop

CELEBRATING CREATIVITY, TALENT, AND JOY

Our participants worked hard to design and craft personalised photo cubes, filled with special memories and moments. Each piece reflects their creativity, hard work, and attention to detail, turning a simple project into something truly meaningful.

It's always inspiring to see the joy and self-expression art brings to everyone involved. A big well done to all the participants for creating such beautiful keepsakes.

We are so proud of what you've achieved - great job, team!



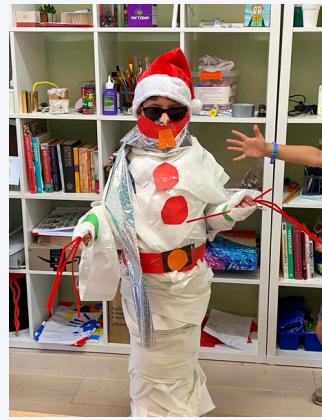
Highlights from Our Cooking Class

FROM FESTIVE PANCAKES TO OUTDOOR BBQ FUN

This month, our Cooking Classes were packed with creativity, teamwork, and delicious moments! Indoors, participants got hands-on making Spanish pancakes, beautifully decorated with festive sprinkles and fresh fruits—adding a colourful twist to a classic treat.

We also took our skills outdoors for a sunny BBQ session, where everyone crafted homemade burger patties from scratch and enjoyed grilling together. It was a fantastic opportunity to learn, share, and enjoy the great outdoors.

These sessions were more than just about cooking—they brought people together, built confidence in the kitchen, and created plenty of laughter along the way. Well done to everyone for making this month's classes such a success!



Highlights from Our Christmas Party

We wrapped up the year with so much fun and laughter at our Christmas Party! From creative games to festive dress-ups, everyone got into the holiday spirit, showcasing their creativity and team spirit. It was wonderful to see so many smiling faces, as our participants and team came together to celebrate and enjoy the day. A big thank you to everyone who joined and made this event so memorable.



Moebius Syndrome Awareness Day

24 JANUARY 2025

This day raises awareness for Moebius Syndrome, a rare neurological condition affecting facial muscles and eye movement.

At YAY Today, we believe in promoting understanding, inclusion, and support for individuals living with rare conditions. We stand with the Moebius Syndrome Foundation and the global community to spread awareness and celebrate strength, resilience, and individuality.



Start Your Year with Positive Resolutions

NEW BLOG

The new year is the perfect time to reflect, reset, and take small steps towards your goals. In our latest blog, we share how New Year resolutions can inspire motivation, build confidence, and create a positive path forward—especially for individuals living with disability or mental health challenges.

Discover practical tips to focus on your wellbeing, try something new, and celebrate your progress!

Let's make this year one of growth, positivity, and connection!

Join Us for an Exciting School Holiday Program!

FUN, CREATIVITY, AND ADVENTURES AWAIT THIS SUMMER!

From **January 7 to January 24**, we have planned an exciting range of activities for kids to enjoy, including wildlife adventures, cooking classes, art workshops, and more!

Spots are limited, so book now to secure your place! **Support workers** are available to assist with **transport and participation** in the program.

We can't wait to see you there!

Spots are Limited! Contact us to book



WILDLIFE WONDERS

SCHOOL HOLIDAY PROGRAM

JANUARY 7 - JANUARY 24

Support Workers are available to assist with transport.



MOVIE MAGIC

WEEK 1

Tuesday 07/01 - 10am- 3pm
BBQ & Outdoor actives at Karkarook Park

Wednesday 08/01 -9am-3pm
*Melbourne Zoo

Thursday 09/01- 2pm- 5pm
*Cinema- Moana 2

Friday -10/01 -10am- 2pm
Tour to the city

*includes out-of-pocket fees.



OUTDOOR ADVENTURES



CITY EXPLORERS

☎ 0435 644 313

📍 437 North Road, Ormond

🌐 www.yaytoday.com.au



Spots are Limited! Contact us to book



LEARN

SCHOOL HOLIDAY PROGRAM

JANUARY 7 - JANUARY 24

Support Workers are available to assist with transport.



PLAY

WEEK 2 & 3

Tuesdays:
Cooking classes -10am-1:30pm
Art classes- 1:30pm-4:30pm.

Wednesdays:
Play & Grow Adventure: 10am-1:30pm
Cooking classes: 1:30pm-4:30pm

Thursdays:
Creative Workshops: 10am -1pm.

Fridays:
Social Activities : 10am- 1pm



COOK



ENGAGE

☎ 0435 644 313

📍 437 North Road, Ormond


🌐 www.yaytoday.com.au



Day Program Monthly Planner

Month:

Year:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Class Break Happy New Year 2025	Class Break	Class Break	Class Break
School Holiday	BBQ & Outdoor actives at Karkarook Park 10am - 3pm	Melbourne Zoo 9am - 3pm <small>*includes out-of-pocket fees.</small>	Cinema Moana 2 2pm - 5pm <small>*includes out-of-pocket fees.</small>	Tour to the city 10am-2pm	Yay to Saturday 1pm-4pm
School Holiday	Cooking Class-10am-1:30pm Art Class-1:30pm-4:30pm	Barista Class-10am-1:30pm Cooking Class-1:30pm-4:30pm	Creative Workshop 10am-1pm Psychosocial Skills 1pm-4pm	Psychosocial Skills-12pm-3pm Yay to Friday 3pm-6pm	Yay to Saturday 1pm-4pm
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