

WELCOME TO OUR Monthly Newsletter

Yay Today Update



Are you ready for October? We sure are! We've had an incredible time with our School Holiday Program so far and can't wait for the final week of fun and creativity. From ice skating to museum visits, the activities have been amazing, and there's still more to come.

October is also Mental Health Month, and we're excited to support well-being with our programs. Plus, with Halloween just around the corner, we've got some spooky-themed art and cookie-making activities planned!

We're excited for all the fun and creativity ahead this month. Stay tuned for more exciting activities and events, and don't miss out on the Halloween-themed fun coming your way. Let's make October truly unforgettable together!

Welcome, Marie, to the Team!

We're excited to introduce Marie, our new Admin Assistant at Yay Today! Marie brings her hard work and dedication to the role, and she's about to graduate with a Bachelor of Science in Biochemistry and Microbiology. Her scientific expertise adds a unique touch to her work. Outside the office, Marie loves collecting tea and antique books and enjoys taking walks, always hoping to meet some new fluffy friends at the dog park.





Highlights from Our Group Activities

FUN, LEARNING, AND NEW EXPERIENCES TOGETHER!

We have been busy exploring new places and creating great memories with our social groups! From gliding across the ice at the rink to discovering wonders at the museum and Sea Life, our participants have enjoyed a variety of exciting activities. These outings are more than just fun - they provide opportunities to connect, learn, and experience the world in different ways.

Check out some of the moments we captured and stay tuned for more adventures with Yay Today!



Halloween Treats and Creativity

GET READY FOR A SPOOKY-CREATIVE OCTOBER!

October is here, and we're excited to celebrate Halloween with some spooky-themed activities! This month, we'll be getting creative by baking Halloween cookies and crafting some fun Halloween-inspired art. Whether you're into baking or art, join us for a spook-tacular time filled with creativity, fun, and plenty of treats!



The Masterpiece is Complete!

CELEBRATING CREATIVITY AND HARD WORK

Last month, we shared a sneak peek of an incredible artwork in progress, and we're thrilled to reveal the finished piece! Our talented student has put in great effort and creativity to complete this masterpiece. It's amazing to see the transformation, and we couldn't be prouder. Stay tuned for more creative projects from our workshops!



THURSDAY, 10 OCTOBER 2024



Read Our Latest Blog

UNDERSTANDING THE DIFFERENCES BETWEEN FASD AND AUTISM

Fetal Alcohol Spectrum Disorder (FASD) and Autism Spectrum Disorder (ASD) are both neurodevelopment conditions that can impact behaviour, communication, and learning. While they share some similarities, the causes and symptoms are distinct. FASD is caused by prenatal alcohol exposure, leading to cognitive and behavioural challenges, while ASD stems from genetic and environmental factors, often affecting social interactions and communication.

In our latest blog, we explore the key differences between FASD and ASD, and how understanding these differences is crucial for providing the right support and interventions.

Mental Health Awareness Month

PRIORITISING WELL-BEING AND SUPPORT

October is Mental Health Month, a time to raise awareness about the importance of mental health and well-being. At Yay Today, we are committed to supporting mental health by fostering open conversations and offering resources that promote resilience and self-care. Whether through our psychosocial programs, creative workshops, or community support groups, we are here to help you navigate life's challenges. This month, take a moment to check in with yourself and those around you. Remember, reaching out for support is a sign of strength, and your mental well-being matters!





Australia's Paralympic Triumph

RECORD-BREAKING WINS AT PARIS

Australia concluded the Paris 2024 Paralympics with an impressive haul of 63 medals, including 18 gold, 17 silver, and 28 bronze. Our athletes excelled in para swimming and athletics, contributing 27 and 11 medals, respectively. Standout performers included Timothy Hodge, Alexa Leary, Lauren Parker, and Callum Simpson, each winning two golds and a silver. Records were shattered, with James Turner and Vanessa Low setting new world records in athletics, and our swim team breaking multiple Paralympic records. Congratulations to all our incredible athletes for their outstanding achievements!



One Week Left of Holiday Fun!

FUN TIMES STILL TO COME

We've had an amazing time during our school holiday program, with everyone joining in on the fun! From creative workshops to exciting outings, last week was packed with laughter and new experiences. With just one week to go, we can't wait for more great moments with everyone. Let's make the final week of the holiday program unforgettable!

Day Program Monthly Planner

Month: October
Year: 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
School Holiday Week	Cooking Class- 10am-1:30pm Art Class- 1:30pm-4:30pm	Barista Class- 10am-1:30pm Play & Grow Adventure 10am-1:30pm Cooking Class- 1:30pm-4:30pm	Creative Workshop 10am-1pm Psychosocial Skills 1pm-4pm	Social Activity/Kids 10am-1:00pm Psychosocial Skills 12pm-3pm Yay to Friday 3pm-6pm	Yay to Saturday Engage & Connect 1pm-4pm
	Cooking Class- 10am-1:30pm Art Class- 1:30pm-4:30pm	Barista Class- 10am-1:30pm Cooking Class- 1:30pm-4:30pm	Creative Workshop 10am-1pm Psychosocial Skills 1pm-4pm	Psychosocial Skills 12pm-3pm Yay to Friday 3pm-6pm	Yay to Saturday Engage & Connect 1pm-4pm
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We Value Your Feedback!

We would love to hear your thoughts and suggestions to help us improve our services. Please click the link below to share your feedback with us