

Day Program

Workshops



Tuesdays

Cooking Class: 10am-1:30pm

Art Class: 1:30pm- 4:30pm



Wednesdays

Hospitality/Barista Class: 10am- 1:30pm

Cooking Class: 1:30- 4:30pm



Thursdays

Creative Workshop: 10am- 1pm

Psychosocial Program: 1pm- 4pm

Fridays

Psychosocial Program: 12pm- 3pm

Yay To Friday: 3pm-6pm



Saturdays

Yay To Saturday : 1pm-4pm

Support@yaytoday.com.au
www.yaytoday.com.au



Day Program

Workshops



Discover our workshops, designed to inspire and support individuals with disabilities and mental health conditions. Enjoy a range of activities, from cooking to arts and crafts, in a safe and expressive environment.



Our dedicated staff ensures a welcoming, inclusive space where everyone is valued. Experience personal growth and connection with us today!

Locations:
437 North Road, Ormond



Day Program

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Meet The Teachers



AJ is a dedicated creative workshop teacher who brings energy and care to each session. He enjoys helping participants get involved in fun, hands-on activities. AJ's friendly approach makes it easy for everyone to explore their creativity and gain confidence.



Elena is a skilled art teacher renowned for her tailored approach, blending her expertise in child psychology with creativity to foster nurturing and impactful art classes. With a deep commitment to improving lives, her dedication and professional excellence shine through in every lesson.



Lucas runs our employment and psychosocial skills programs and social groups. With a Masters in Communication and a Certificate III in Individual Support, Lucas brings personal disability experience to his work. He designs tailored classes that help participants succeed, and he's passionate about creating an inclusive, supportive environment.



Creative Art

Workshops



Discover your creativity and develop your artistic skills in our fun, hands-on workshops. Led by expert instructors, you will explore different art forms like painting, drawing, and sculpture while learning key techniques to enhance your talents. Whether you are a beginner or looking to improve, our workshops offer a supportive space to express yourself and connect with others.

TUESDAYS: 1:30PM- 4:30PM

THURSDAYS: 10:00AM-1:00PM

- Expert guidance in various art forms.
- Practical skills and techniques to develop your talents.
- A welcoming space to explore your creativity.
- Opportunities to socialise and collaborate with fellow participants.



Whether you are looking to explore a new hobby or advance your artistic journey, our workshops offer something for everyone. Join us today and unleash your inner artist!

Cooking Workshops



Step into our kitchen and discover the joy of cooking at our welcoming workshops! Led by expert chefs, our sessions are crafted for individuals with disabilities, ensuring a fun and inclusive experience. Develop new culinary skills and connect with fellow food enthusiasts. Cook, create, and celebrate food with us!

TUESDAYS: 10:00AM-1:30PM

WEDNESDAYS: 1:30PM-4:30PM



Psychosocial Skills

Program



Do you ever feel lost, anxious, or overwhelmed? You're not alone. YAY Today's Psychosocial Skills Program offers a proven solution to these challenges. This program is more than just a course; it's a transformative journey designed to improve your life.

Socialisation, Learning, and Encouragement

Our program combines socialisation, learning, and encouragement to foster positive change. Join us for an experience that will boost your psychosocial skills and well-being.



THURSDAYS: 1:00PM-4:00PM

FRIDAYS: 12:00PM - 3:00PM



Practical Hospitality

Coffee workshop



Jumpstart your career in hospitality with our training programs, designed for hands-on learning and skill development. Led by industry experts, our workshops cater to individuals with disabilities, covering everything from customer service to food and beverage skills, including barista training and coffee making.

WEDNESDAYS
10:00-1:30PM

Whether you're into front-of-house operations, event management, or perfecting your espresso, we provide the training you need to thrive in your chosen hospitality role. Join us and prepare for a rewarding career!



Yay To Fridays

Fun social activity



Join us every Friday for a variety of social activities, including movies, bowling, play zones, gym sessions, and group gatherings. End your week on a high note with fun and engaging activities!

FRIDAYS

3:00-6:00PM

Whether you're looking to unwind after a busy week, connect with others, or simply enjoy some leisure time, our Yay to Friday program has something for everyone. Each session is designed to foster social connections, lift your spirits, and help you explore new interests in a welcoming and supportive environment. Don't miss out on the chance to make new friends, discover new activities, and enjoy a fantastic end to your week!



Yay To Saturdays

Fun social activity



Each Saturday, we offer a series of exciting and enriching activities designed to inspire and engage. Every week brings something new, with a mix of outdoor and indoor experiences to enjoy. From board games, yoga, and creative workshops to movie sessions and more, there's always something fun and unique happening!

Whether we are enjoying the fresh air with outdoor activities or gathering for an engaging indoor experience, our Saturday program is the perfect way to connect, have fun, and try something different every week.

Come along and explore a variety of activities that are sure to entertain and inspire!



SATURDAYS
1:00PM-4:00PM



Steps to Employment



Kickstart your professional journey with our NDIS-supported employment program, specially designed to provide individuals with disabilities essential skills for the job market. Our program not only builds necessary skills but also boosts your confidence and fosters independence in the workplace.

THURSDAYS: 1:00PM- 4:00PM

Through targeted activities, we help you grow your confidence and feel comfortable in professional settings. Plus, we inspire the motivation you need to pursue a successful career and make a positive impact. Start your path to success with us at YAY Today!

“Don't let a disability hold you back from achieving your career goals”



School Leaver Employment Support



Let us support you in your transition into the workforce. Supporting **YOU** to become **CONFIDENT**, job ready and achieve employment!

Our team is dedicated to understanding your unique strengths and interests. Together, we'll build the foundation to secure your dream job. Let's create your career plan together and develop the skills you're excited about, with our personalised support.

A FUN way to support you to:

- CREATE A RESUME
- WRITE A COVER LETTER
- APPLY FOR JOB POSITIONS
- GAIN CONFIDENCE
- GAIN EMPLOYMENT
- SUPPORT YOU WHEN YOU START YOUR FIRST JOB



Our courses were developed by a team of professional with a combined experience of over 30 years in disability-related fields, including a PHD Teacher, Psychologist, Health Coach and Disability Training Facilitator.

